



INTEGRITY - *the quality of being honest and having strong moral principles; an undivided or unbroken completeness or totality with nothing wanting; wholeness and unity (honesty, principles, virtue).*

In crisis, things feel broken (relationships, organizations, reputations, our hearts). Integrity is a way of putting the pieces back together by emphasizing principled behavior and wholeness.

QUESTIONS TO ASK

- Why is this your priority?
- What about this resonates with you?
- Describe qualities of integrity.
- What does it mean to prioritize integrity during crisis or times of hardship?
- When you look back on this time five years from now, how will you know you prioritized integrity?
- How can integrity guide your decision-making?
- Who or what does this priority serve? How does it help?
- Imagine yourself in a situation where you are prioritizing integrity. What does that feel/sound/look like?

INDIVIDUAL CONSIDERATIONS

Integrity isn't simply a value or moral code, it's a word used to describe wholeness. Maintaining integrity in crisis is the decision to emerge from it whole and intact. Sometimes that means protecting certain parts of ourselves, at other times, it means changing, growing, or doing things differently to become whole.

LEADERSHIP CONSIDERATIONS

Leaders with integrity look beyond the black and white expectations of shareholders or lawyers to the broader needs of their employees and their community.

EXPLORING INTEGRITY

Write one sentence every day about what it means to be whole.

Use "integrity" as a mantra while you work out, do dishes, or in the shower.

Think about a person who exemplifies integrity. Describe them.